



Northamptonshire Dyslexia Association
PO Box 339
Northampton
NN3 7WY
Charity No. 289930
Helpline: 01604 820 158
www.northantsdyslexia.co.uk

Dyslexia in Adults Fact File No.1

What is Dyslexia?

Definition:

Dyslexia is a specific learning difficulty.

It is a combination of abilities and difficulties that may affect learning, reading, writing, spelling, numeracy.

Dyslexic people may also have problems with: memory, organisation, sequencing, spoken language, visual and motor skills.

Dyslexia Facts:

Dyslexia affects at least 10% of the UK population.

Dyslexic people may have normal or high intelligence.

Dyslexia can occur in all social and cultural groups.

Dyslexia can run in families.

Fact Files
written and
edited by:
Sue Winpenny,
Bernard Quinn
5/2007

Dyslexic people can reach their potential with appropriate teaching, training, employment practices and support.



Ford **BritainTrust**