

Dyslexia in Adults Fact File No.9

Dyslexia and technology

There are a number of areas where technology may be helpful. These include:

- Reading
- Writing
- Spelling
- Organisation
- Memory
- Time-keeping
- Arithmetic

Computer Assistance

Word processing can help with producing written work faster and more accurately. The tools that a computer offers can be useful such as:

- Spellcheckers
- Software dictionary and thesaurus
- Predictive text
- Voice Recognition software (speech to text)
- Read back software (text to speech)
- Organisational tools: electronic diaries, task managers, address books

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5/2007



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Useful portable technology includes:

- Electronic spellchecker and thesaurus
- Personal Organiser
- Handheld scanner (e.g. The Reading Pen)
- Voice recorders (Analogue and Digital)
- Personal digital computer (PDA, mobile phone)
- Global Positioning System (Sat Nav)

Some suppliers to look at are:

- REM. Tel: 01458 254 700
www.r-e-m.co.uk
- iANSYST. Tel: 01223 420 101
www.iansyst.co.uk
- Inclusive Technology. Tel: 01457 819 790
www.inclusive.co.uk
- Softease. Tel: 01335 343 421
www.softease.co.uk
- Read & Write.
www.text.help.com

Acknowledgement

British Dyslexia Association.