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## Dyslexia: Frequently Asked Questions

### INCA FAQ No.2: How does a person know if they are dyslexic?

All dyslexic people are different. There are some typical signs to look for if you or someone you know thinks they might be dyslexic.

The person may have **difficulty** with one or more of the following: reading/writing/spelling/numeracy; remembering lists, alphabet, telephone numbers; time management; organising thoughts clearly.

The person may also find they have particular **strengths** such as: creativity; problem solving; oral communication skills; innovative thinking.

There is a more comprehensive list, organised by the age of the individual, on the British Dyslexia Association website: [www.bdadyslexia.org.uk](http://www.bdadyslexia.org.uk)

(See also Fact File No.5 available on the website)

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